



Everything's better outside.™

WINTER CAMPING CHECKLIST

Be prepared! Proper clothing is key to a fun and safe winter camping adventure. Always prepare for the worst weather but hope for the best! In Alberta, we can have any type of weather- freezing rain or snow, cold or warm, windy snow blizzards or calm. Sometimes all in the same day! Always have enough clothing to keep you warm, dry and happy. It is important to note cotton is useless when it gets wet so be sure to have wool, polypropylene or fleece garments.

CLOTHING



Toque	
Fleece Headband and Neck Warmer	
Warm Gloves to Work In	
Extra Wool/Fleece Mitts and Nylon Mitt Shells	
Long Underwear- Tops and Bottoms	
Ultralight Down- Jacket, Mitts, Booties	
Outershell- GoreTex Wind Jacket and Pants	
Light Wool Socks (at least 4 pairs)	
Heavy Wool Socks (at least 6 pairs)	
Underwear (quick drying)	
Warm Winter Boots with Wool Liners	
Snow Gaiters	

OPTIONAL ITEMS



Thermos with Hot Drinks	
Camera	
Binoculars	
Playing Cards	
Ice Fishing Gear and Valid License	
Journal and Pen	
Energy food (bars, gels, trail mix)	

GROUP GEAR



Snowshoes, Skis, Etc.	
Tent (four season) and Ground Sheet	
Water Jugs and Water	
Meal Plan and Food	
Hand Sanitizer	
Group First Aid and Survival Kit	
Map and Guide Books	
Lanterns and Fuel	
Satellite Phone or Cell Phone	
Avalanch Beacon and Batteries	
Avalanch Probes	
Shovel	

EQUIPMENT



Headlamp or Flashlight (extra batteries)	
Waterbottle	
Backpack and Garbage Bags to Waterproof Gear	
Sleeping Bag (at least -20 °C rating)	
Sleeping Mat	
Personal Toiletries	
Mini Towel and Wash cloth	
Personal First Aid Kit	
Personal Medication and Health Care Number	
Sunglasses	
Sunscreen and Lip Balm	
Waterproof Matches	
Knife	
Rope	
Whistle	
Duct Tape	
Compass/GPS	

NOTES

If venturing into Mountain Avalanche country- make sure you have the proper mountain travel training and skills (with practice) to avoid avalanches, thin ice and possible crevasse rescues.