



WELCOME TO CUB SCOUTS

A Parent Guide to Cubs and the Canadian Path

144 Lake Bonavista Cub Scouts – 2016/2017
www.144scouts.ca

Tuesday Night Cub Scouts – Scout Hall 6:30 - 8:00PM
Thursday Night Cub Scouts – Scout Hall 6:30 - 8:00PM



It starts with Scouts.



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1. Cub Pack Leaders

| Pack (Night) | Name | Telephone Number | E-Mail Address |
|--------------|--------------------|------------------|--|
| Tuesday | Gary Masur | 403-389-4915 | gary.masur@td.com |
| Tuesday | Yvonne McGowan | 403-837-9240 | ypaints@gmail.com |
| Tuesday | Emma Hanley | 587-223-3435 | ehanley79@gmail.com |
| Tuesday | Karen Marcotte | | pmarcotte@interbaun.com |
| Thursday | Alan Hanley | 403-305-8650 | asterisktec@gmail.com |
| Thursday | Steve Chapman | 403-797-0043 | steve@stevechapman.ca |
| Thursday | Kevin Widenmaier | 403-542-7463 | kevin@quadrant.net |
| Thursday | Mackenzie Wierenga | | seascoutersteve@gmail.com |

2. Introduction

Welcome to the Lake Bonavista Cub Pack. We are looking forward to another exciting year. This year the Pack has grown. We now have a pack meeting on Tuesday evenings and a Pack meeting on Thursday evenings. Both Packs will be doing the same program, activities and camps. At times we will run a combined pack meeting which will mean we will be having some of our meetings on a different night. We will give you as much warning about these changes as we can. This document is meant to provide you with information you will need to assist your youth and the pack leaders in putting on a high quality program.

Your leadership team is committed to putting on the best program possible with the knowledge, experience and resources available. We encourage you to attend and participate in any Cub meeting, outings and camps. Parental participation is critical to success particularly in outings and camps. Scouts Canada publishes “The Cub Handbook” available at the Scout Shop (2140 Brownsea Drive N.W., 403-283-7060). We encourage you to obtain this book and read it for a clear explanation of Scout Canada’s principles, mission and program goals.

The material in this “A Parent’s Guide” handout is meant to compliment The Canadian Cub Handbook by providing more details about our program in the coming year. If you feel you can offer any assistance to improve the quality of the program after reading this package and familiarizing yourself with the planned activity areas, please approach one of the leaders.

We will reference the “**Cub Handbook**” in this document however it is no longer used in the Canadian Path program and has been replaced with the new “Maps” but is still a valuable reference and learning tool. The new program maps can be purchased at the Scouts Shop or downloaded [HERE](#).



We welcome any help that will enhance the program!

- **Communications:** Coordinate sending out group emails for: Calendar updates, Activity permission forms, etc. It is essential that we obtain permission for every event that is not held in the Scout Hall so that Scouts Canada Insurance will apply to all participants.
- **Additional Leaders:** Being a leader doesn't mean that you have to be able to attend every meeting. All of us have jobs and responsibilities that result in times when we are unable to be present as well. Many hands make for light work!!
- **Additional full or part-time leaders:** Help to provide a better program and leadership for the Cubs. You do not need to be a parent of a Scout to be a leader. We provide all of the training. We also give adults a unique opportunity to help youth grow. Please be aware that Scouts Canada requires a police background check for all leaders! This small measure provides additional confidence for all parents and helps keep our Cubs safe.
- **Program ideas:** We have nearly 50 years of Scouting experience in our Pack's leadership team. However, we are always looking for new ideas. If you have any ideas about what we can offer. Please let us know, we, as Cub Leaders, are all **VOLUNTEERS** that share an interest in the development of children through Scouting. We always strive to offer a good program and we sincerely welcome any constructive feedback and/or direct assistance that will improve the quality of our program.

Other Volunteer Opportunities: Contact the leaders for other volunteer opportunities. Our group committee is currently looking to fill some vacancies.

3. Pack Discipline

Good behavior is an expectation, not an option! At the outset of the program we will make the behavior expectations clear with all of the Cubs. The Cubs will develop their own Code of Conduct including the consequences for not following the Code of Conduct. This will happen in October and a copy of the Code of Conduct the Cubs create and approve will be sent home. The goal is teaching the Cubs how to set and follow expectations.

With a well-behaved Pack we can have a lot of fun, and experience new and interesting things. Unfortunately, the converse is also true. If we have to spend an inordinate amount of time keeping control, the program will soon be limited to activities only at the Hall and our youth will miss out.

You know your youth best. If there are any behavioral, emotional or medical issues we should be aware of with your child, please let us know. We would appreciate knowing any approaches/routines you have used successfully.

All information will be treated in confidence.



4. Cub Program Basics

Principles & Investiture

Scout Canada's Principles form the code of ethics that all members are expected to adhere to while participating in Scouting activities. The guiding Principles are:

- Duty to God
- Duty to Others
- Duty to Self

The Cub Promise, Law and Motto are more age appropriate versions of the Scouting Principles. They are:

Promise

I promise to do my best,
to love and serve God,
to do my duty to the Queen,
to keep the Law of the Wolf Cub Pack
and to do a good turn for somebody every day.

Law: A Cub respects the old wolf, and a Cub respects himself/herself.

Motto: Do Your Best.

The Grand Howl: This is what Cubs say at our openings and closings:

| | |
|---------------------------|----------------|
| "Akela we'll do our best" | |
| "DYB, DYB, DYB" | (Do Your Best) |
| "We'll DOB, DOB DOB" | (Do Our Best) |

As we move through the year, we will use the Promise, Law and Motto to remind the Cubs how they should behave.

Our new Cubs (Runners) will be required to know the Promise, Law and Motto before being invested as a Cub. They will also need to know the Grand Howl, the Cub Handshake and its significance and a brief history of Cubbing. All of this information can be found in the first few pages of the Cub Handbook.

We will be covering much of this during our first few meetings. Runners cannot be tested for badges. Once they have been invested as Cubs they can earn as many badges as they want.

Investiture will be scheduled for some time in October. Parents will be asked to take part in the investiture ceremony. Please let us know that you cannot make it to this meeting as we would not like your Cub to feel like they have missed out.



5. Program Elements

The Cub Program is made up of 7 key areas relating to the Jungle Book:

- Bagheera's Hunting Ground (Environment)
- The Red Flower Camp (Outdoors)
- Council Rock (Leadership)
- The Swinging Bridge (Active and Healthy Living)
- Elephant Turf (Citizenship)
- Monkey City (Creative Expression)
- Baloo's Cave (Beliefs and Values)

This year we will be working through the new Canadian Path program which provides a more rounded and balanced approach throughout the scouting year.

In the Cub Handbook you will find information about each of these Areas and information about badges in each area. As a Pack, we will cover a couple of badges during the program, but badges are meant to be earned by the Cubs on their own and/or with your help. Cubs may ask to test for badges earned on their own at any meeting when we are at the Hall. The Leaders will do as much testing as time allows and we will award badges as part of our closing. Parents in attendance might be asked to help with Badge Testing. Please remember, our measuring stick for earning a badge is "Do Your Best".

If you have any particular talents in any of the badge or star areas, please let us know.

Lairs

Our Cubs will be organized into groups called Lairs. Each Lair will typically have a 3rd year Cub (Howler). These youths will be charged with helping organize their lairs during activities, collect dues and taking attendance. They will also be a member of our Howlers Council. As such, they will meet as a group with the leaders and help to decide what activities we will include in the program.

Jungle Theme

When Scouting and Cubing was created, one of the most popular children's books was Kipling's "Jungle Book". This is a collection of short stories about the man-cub Mowgli and his life among the jungle's creatures and him learning the Law of the Jungle. Our founder, Lord Baden-Powell, used the characters and lessons from this book as he created the Cubing program. Today, we still use the book as a guide. All of our Leader's Jungle names come from the book. Akela is the wolf who is the Leader of the pack. We start our meetings with our opening taking place in Rock Circle. This is where Akela held his meetings with his pack. The Cub Salute is holding two fingers up to represent the ears of the wolf cub whose ears are up to hear the sounds of the jungle and prepare to hunt.



6. Dress Requirements

Unless otherwise specified, Cubs are expected to wear their full uniform and appropriate footwear (no sandals, flip-flops) to all meetings, outings and camps. If we say activity uniform is to be worn, this is their supplied 144 Scout T-shirt and necker.

Uniform

| ITEM | PROVIDED BY | FOUND AT |
|--|-------------|----------------|
| Shirt, grey The old style brown shirt and sash may still be worn | Parents | The Scout Shop |
| Cub Scout Handbook/Map | Parents | The Scout Shop |
| Woggle – (provided at investiture) | Pack | no charge |
| Pants (dark or navy preferred) | Parents | |



7. Badges

| | | |
|--|------|-----------|
| 144th Group Badge – goes on right sleeve at top | Pack | no charge |
| Area 5 Badge – goes on right sleeve below 144th Group Badge | Pack | no charge |
| Chinook Council Badge – goes on left sleeve at top | Pack | no charge |
| Six Color Badge - goes on right sleeve above the elbow | Pack | no charge |
| All badges and stars on Uniform | Pack | no charge |
| Scarf (provided at investiture) | Pack | no charge |
| T-shirt (Activity Uniform) | Pack | no charge |



Footwear

Running shoes are essential at the Scout Hall but are not recommended for hiking. During winter months and inclement weather, Scouts should wear boots and change to running shoes at the Scout Hall.

Outerwear

During the course of our regular meetings at the hall, we do go outside for some of our activities. Please ensure your child has the clothing for this based on the weather that night.

8. Other Essentials

Camping Gear

We will provide a camp packing list and discuss appropriate footwear/clothing prior to each camp. It is important that the Cubs lay out their camping gear supervised by a parent to ensure they pack everything on the packing list. The parent should not pack the Cub's bag. Cubs should pack their own bag so they know they have everything and know where it is.

We provide much of the gear the Cubs will need for our Camps. Cubs will need a sleeping bag and possibly a mattress. Please talk to one of our experienced leaders who can help you make the selection of the gear that will last them through Cubing and into Scouting.

Pocket knives will be a part of the program this year. Pocket knives for Cubs should be of an appropriate size for their hands. They need to be a folding knife with a locking blade. Get the Cub to try to open and close the knife before purchasing it as some locking blades are difficult for little hands to close.

The Scout Shop has suitable pocket knives for about \$10. We will let parents know when the Cubs are allowed to bring their pocket knife to a meeting, activity or camp only if it has been identified as being needed by the Leaders. Knives will only be allowed to be used in a supervised fashion and must stay in pockets until they are asked for.

9. Time Tables/Consent Forms/Newsletters/Scoutstracker

The calendars for each of our sections are posted on our web site, www.144scouts.ca as well as Scoutstracker.ca. Although a great deal of effort has gone in to developing the calendar we may have to make program changes throughout the year. To ensure good communication, we will email home notices of changes to the timetable, physically send parental consent forms for outings and camps & newsletters as required. E-mail is our preferred communication delivery system for these updates. If you do not have a login to Scoutstracker, please speak to or email your section leader and they will create an account for you.

PLEASE WATCH FOR THEM.



1. Scout Hall Pack Meetings - will run from 6:30 to 8:00 PM. We will start at 6:30 sharp, so please be about 10 minutes early. We will wrap up our meeting by 8:00 so please ensure your youth is picked up at that time. You will be required to sign your Cub in and out from these meetings.

2. Outings - we will provide a notice with specific times and drop off/pick up instructions. If you are planning to attend an outing with your youth, you must sign a Scouts Canada “Code of Conduct”, “Individual Release and Hold Harmless Agreement” and a “Physical Fitness form for Non-members” and turn them in before leaving for the outing. These can be found online at:

<http://www.scouts.ca/ca/scouters>.

3. Camps - we will provide a notice with specific times and drop off/pick up instructions. We will provide a packing list for all of the Cubs. Camp fees will be collected for all camps. Please help your Cub by ensuring they layout their gear with you before packing it. Please have the Cub pack their own bag/pack as this will help them remember where their items are packed. If you are planning to attend a camp with your youth, you must sign a Scouts Canada “Code of Conduct”, “Individual Release and Hold Harmless Agreement” and a “Physical Fitness form for Non-members” and turn them in before leaving for the camp. These can be found online at:

<http://www.scouts.ca/ca/scouters>.

We usually plan three Cub Camps every year. Fall Camp and Winter Camp dates to be advised. Spring Camp will be the weekend of April 21 – 23, 2017.

We may have the opportunity for the third year Cubs to go out with the Scouts to a camp to learn a little about their program.

This will be in May.

10. Activities

1. Poppy Campaign Parade will be held on October 29 this year. We support our veterans by marching with them in their parade to kick off the poppy sales. This parade will be held at Chinook Centre. Cubs are encouraged to attend. Plan on being at the mall from 9:45 until 11:30.

2. Kub Kar Races will be held in March this year. Our Cubs will be given the opportunity to build their own car out of a block of wood. The Kub Kars are raced at a meeting in our hall. We also attend the Area Kub Kar races in March. The Cubs will be racing their Kars against other Cubs from about 15 other Calgary Packs.

3. Soap Box Derby will be hosted by our Cub Pack again this year. It runs on the Lake Ontario Drive hill on the Saturday before Mother’s Day every year. This year we will be holding the Derby on May 13, 2017. We get about 300 Cubs from all over the city taking part in this activity. We encourage you to take the time to come out and see our Cubs in action. This is always followed by a Scout Group barbeque at the Lake. The entire family is invited to come out for some food and fun.



Note: Scouts Canada does not provide insurance for youth travelling to camps or activities with leaders. Therefore, parents are required to arrange to have their youth delivered to and picked up from camps and activities. Carpooling is strongly encouraged. Leaders, in their capacity as parents, may participate in carpooling, at their discretion. All drivers are encouraged to ensure they have adequate insurance.

11. Fund Raising

The Lake Bonavista Scout Group runs a number fund raising events each year. This year's plan includes:

3 Bottle Drives

- Saturday September 24, 2016
- Saturday January 7, 2017
- Saturday April 8, 2017

Popcorn Drive - September 25 - , 2016 (updates on Scoutstracker.ca)

Mall Popcorn Sales - Dates and locations to be confirmed (updates on Scoutstracker.ca)

Crickle Creek Coffee - Information to be provided soon.

This is how our program raises the money to put on an outstanding program. We require your participation in all of these events for the program to work. The fees you paid at the beginning of the year went to Scouts Canada to pay for things like insurance, Scout Facilities and Leadership training.

At our bottle drives, we expect Cubs and parents to arrive about 9:00 a.m. and participate in the door to door collection of bottles. Cubs can expect to be finished shortly after lunch. We do provide lunch and snacks at our bottle drives. Failure to participate for the morning will result in your deposit cheque being cashed.

Cubs will be given a route (including a map) with a number of homes in Bonavista on it. Parents are expected to take their Cubs out and knock on all of the doors and try to sell popcorn. They can also try selling to family, friends, teachers, classmates and at their parent's work. Prizes will be given to those Cubs who sell popcorn. See the package we will provide soon for details.

We have an organization that will pick up bottles on our behalf. They make appointments to do this after getting a phone call from a household or a business. If your business would like to help us out, please let us know. Currently we have Agrium, Atco Power, Secure Energy Services and Shell Canada's Research Facility supporting us.

Our goal is to teach the Cubs that a little work leads to a great program.



12. Community Events

- The Lake Bonavista Homeowners Association stores our canoes for us at the Lake! In return, we try to give something back to the community.
- We support our veterans by marching with them in their Parade to kick off the Poppy Sales. This parade will be held at Chinook Centre on the morning of October 29. We will send out an e-mail with the details as they become available.
- Our Scouts and Venturers go to the senior's facility in Bonavista for an evening of Christmas Caroling.
- Our Cubs, Scouts, Venturers and Rovers perform a clean-up day at the Lake Park each spring.
- Our Scouts, Venturers and Rovers help at the Community Association's annual Pre-Stampede Breakfast.

The goal is to teach our youth to be good members of the community.

13. Long Term Plans

Cubs in their second or third year (9 or 10 years old) with us will have an opportunity to attend the World Jamboree when our Venturer Scouts go in the summer of 2019. We will be doing specific fund raising to offset some of the costs of attend this Jamboree. Please let us know if your Cub might be interested in going with us and we will get you more information as it becomes available.

We support Lake Bonavista Community Association by ensuring all our members are members of the Lake Bonavista Community Association (LBCA).



14. Language of the Jungle

Sometimes we are told Cubs speak a different language, so here is some help with the “Language of the Jungle”:

| | |
|----------------------------------|---|
| Baden Powell (BP) | The founder of Scouting. We celebrate his Birthday each year with a family potluck dinner each year during the week of February 22. |
| Cub Scout Motto | Do Your Best. This is how we measure the success of each Cub and what Cubs should strive for. See Cub Book page 31. |
| Cub Scout Promise | The promise a Cub makes to become a member of the Pack. See Cub Book page |
| Cub Scout Salute | The salute members of the Pack use during the grand Howl and other special events like earning a badge. See Cub Book page 31. |
| Dues | Money collected by the Howlers from themselves and the members of the Lair at each hall based meeting. |
| Grand Howl | The opening and closing performed by the Cubs at each meeting. See Cub Book page 30. |
| Kim | A Scout who comes to the Pack's meetings and camps as a junior leader to help the Cub Leader's put on the program. |
| Law of the Cub Scout Pack | The Law the Pack lives by. See Cub Book page 26. |
| Pack | The group of Cubs who attend a meeting. We will have two Lake Bonavista Packs this year. One will meet on Tuesday evenings and one will meet on Thursday |
| Lair | A sub unit of Cubs within a Pack. A Pack is usually made up of five to six Cubs and lead by a Howler |
| Howler | A Cub selected to be the senior member of a Lair. This Cub will work with the Leadership team to design and implement the weekly program and camps. |
| Howler Council | A Council made up of the Howlers who relay the wishes of their Lair to the Leaders and help the Leaders design and implement the weekly program |
| Wolf Ears or Hunting Ears | A signal the Leaders use when they are trying to get the Pack's attention. A Leader raises their right hand with their fingers up in a V. This represents the hunting ears of a wolf. Each Cub responds by facing the leader and raising their hunting ears. Once the leader has the attention of the Pack, the Leader will relay the hunting instructions. |

Welcome to the Pack and Good Hunting to you.